

# Glossop social group

## peer support and information for autistic adults



Visit our web page for more  
<https://bit.ly/3Y889Gz>



**Cost: free**

**When:** 3rd Monday of the month.

**Where:** Pico Lounge, Howard Town Shopping Park, Victoria St., Glossop SK13 8HT.

**Time:** 1-3pm. Free parking

An autism-friendly space to connect, relax and feel supported

Facilitated by autistic people, offering expert insights into autism and practical strategies for thriving, better health and wellbeing.

### What does it involve?

- Meet other autistic people
- Learn more about autism and being autistic
- Socialise and have a laugh
- Have a discussion about practical autism thriving strategies
- Feel accepted and supported by the autistic community

SCAN to REGISTER :

